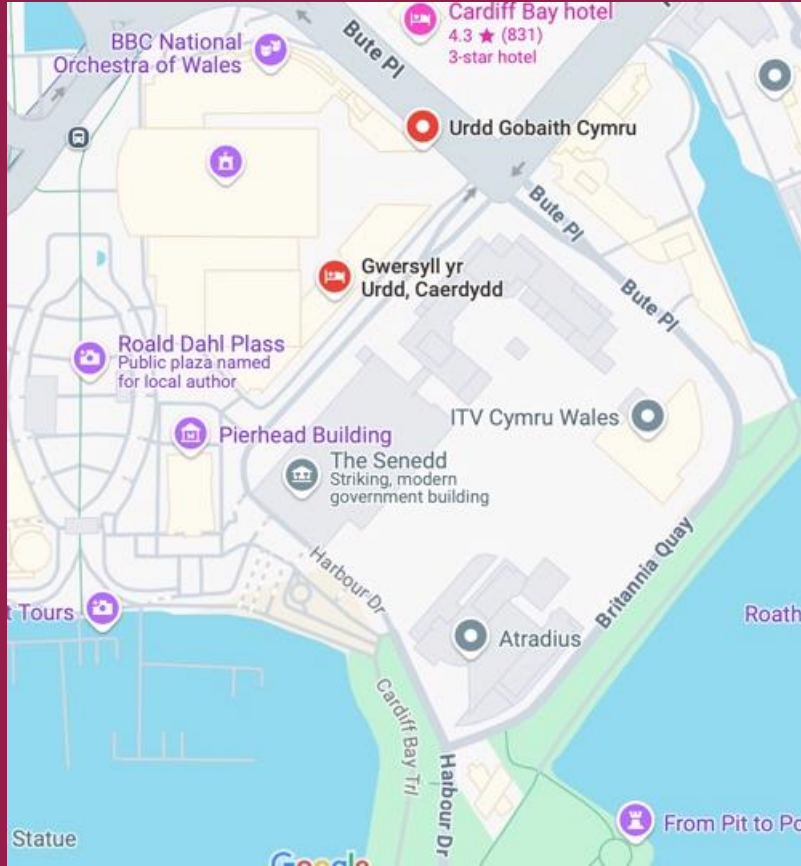




Cardiff Residential November 6th-8th 2024



Where are we going?



Where will your child be staying?

- All rooms are on the same floor.
- All rooms are ensuite.
- Girls will be staying in 4 rooms, each room accommodating 6 girls.
- Boys will be staying in 3 rooms with 5 in 2 rooms and 6 in another.
- The centre has 24 hr security.

Who will be looking after my child?

- Mrs Wright
- Mr Holmes



Mrs Fletcher



Miss Devaney



Mrs Boddington

What will they be eating?

Get to know the allergens in your



Allergens are provided for each food item displayed on our menus

Menu one

Breakfast

Welsh Breakfast Sausage (**Cereal, Gluten, Soya, Sulphur Dioxide**), Bacon, Beans, Scrambled eggs (**egg, milk**)
Vegetable Sausage and toast (**wheat, gluten, soya**) with butter (**milk**) with jam (**may contain nuts**)



Cornflakes (**barley**) Weetabix (**wheat, barley**) Muesli (**wheat, nuts, sulphur dioxide**) Bran flakes (**cereal, gluten, may contain nuts and peanuts**)



Lunch

Packed Lunch consisting of a sandwich - Tuna mayo (**Fish, Egg, Wheat**) Ham (**wheat**) Cheese (**Milk, Wheat**)
Coronation Chickpea (**Wheat**), Crisps (**milk**) Apple and Water



Dinner Option 1

Meatballs (**Gluten, Sulphur Dioxide**) Penne Pasta (**Gluten**), Garlic Slice (**Gluten, Dairy**)



Vegan Meatballs (**Soya**) Penne Pasta (**Gluten**), Garlic Slice (**Gluten, Dairy**)



Dinner Option 2

Chicken Nuggets, Chips (**Gluten, Celery**) & Beans



Vege Nuggets (**Gluten**), Chips & Beans



Dessert

Ice-Cream Tub (**Dairy**) or Mango Sorbet



Get to know the allergens in your food...



Allergens are provided for each food item displayed on our menus

Menu 2

Breakfast

Welsh Breakfast Sausage (**Cereal, Gluten, Soya, Sulphur Dioxide**), Bacon, Beans, Scrambled eggs (**egg, milk**)
Vegetable Sausage and toast (**wheat, gluten, soya**) with butter (**milk**) with jam (**may contain nuts**)



Cornflakes (**barley**) Weetabix (**wheat, barley**) Muesli (**wheat, nuts, sulphur dioxide**) Bran flakes (**cereal, gluten, may contain nuts and peanuts**)



Lunch

Packed Lunch consisting of a sandwich - Tuna mayo (**Fish, Egg, Wheat**) Ham (**wheat**) Cheese (**Milk, Wheat**)
Coronation Chickpea (**Wheat**), Crisps (**milk**) Apple and Water



Dinner Option 1

Hot Dog (**Gluten**) & Chips



Quorn Hot Dog (**Eggs, gluten**) & Chips



Dinner Option 2

Fish Fingers (**Gluten, fish**), Chips & Salad



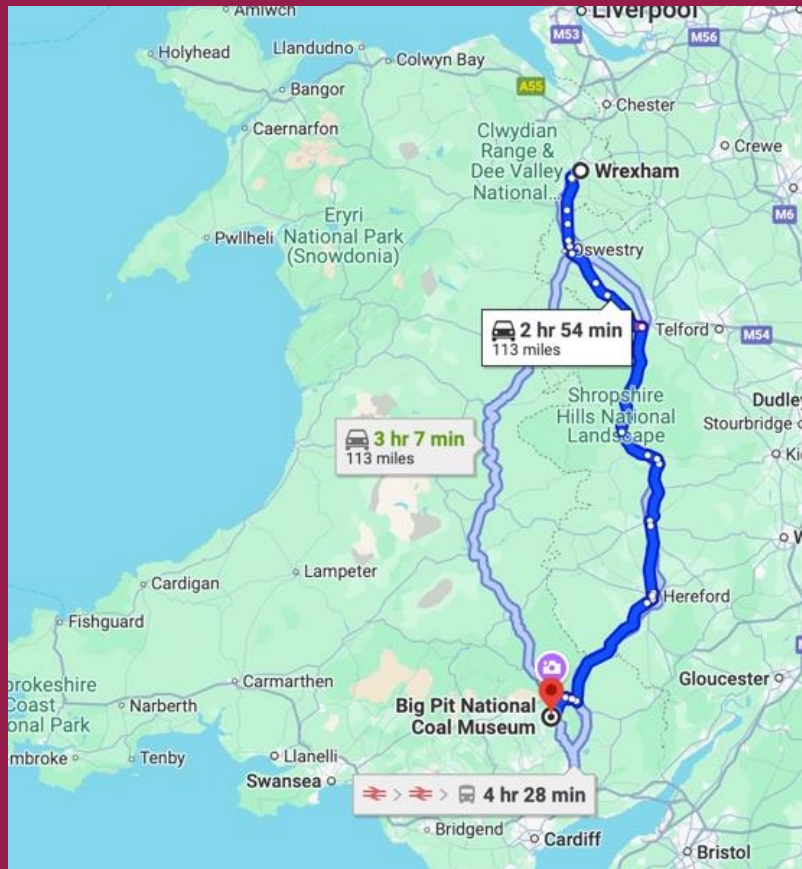
Fishless Finger (**Gluten**), Chips & Salad



Dessert

Caramel Brownie, Whipped Cream (**Soya, Dairy**) VG, GF (**Remove whipped cream to make DF**)





The Real Underground Experience - Big Pit National Coal Museum

Big Pit is a real coal mine and one of Britain's leading mining museums.

With facilities to educate and entertain all ages, Big Pit is an exciting and informative day out. Enjoy a multi-media tour of a modern coal mine with a virtual miner in the Mining Galleries, exhibitions in the Pithead Baths and Historic colliery buildings.

Day 1- Our Activities
coach departs promptly.
1pm- Arrive at the Big Pit



Day 1- Our Activities

16.00- Arrive at the Urdd centre, welcome session and room allocation.

18.30- Dinner

19.30- Bowling



- **Day 2- Our Activities**
- **8.30**-Breakfast
- **10.30**- Visit to the Senedd
- **12.00**- Princess Katharine to the city centre

- Day 2- Our Activities

- 13.00-National Museum of Wales
- 14.30- Tour of the Principality Stadium
- 16.30- Princess Katharine back to the Bay
- 18.30-Dinner
- 19.30- Film night



- Day 3- Our Activities

- 8.30- Breakfast
- 10.15- The Royal Mint
- 12.30- Lunch
- 1.00- Home





GWERSYLL YR URDD CAERDYDD - URDD CENTRE CARDIFF
 All Saints School
 6-8 Tachwedd
 45 + 7



Diwrnod / Day	Amser / Time	Gweithgaredd / Activity	Nodiadau / Notes
Dydd Mercher	13:00	Big Pit	<i>Underground tour to start at 13:30</i>
	16:00	Arrive at the Urdd, welcome session and room allocation	
	18:30	Dinner	
	19:30	Bowling	
Dydd Iau	08:30	Breakfast	
	10:30	Senedd	
	12:00	Princess Katharine to the city centre	<i>Collect packed lunches</i>
	13:00	National Museum	<i>Lunch at the museum</i>
	14:30	Principality Stadium	<i>Tour to start at 14:45</i>
	16:30	Princess Katharine back to the bay	
	18:30	Dinner	
	19:30	Film night	
Dydd Gwener	08:30	Breakfast	<i>Pack bags and leave rooms, collect packed lunches</i>
	10:15	Royal Mint	<i>Tours to start at 10:30 and 10:45</i>
	12:30	Lunch	
	13:00	Home!	

**What will
my child
need to
bring?**

Sleeping bag

Pyjamas, toiletries and a towel

Spare clothes including a warm jumper

Warm coat

Suitable shoes for walking

Day bag for carrying packed lunch

Water bottle

General Information

- We will leave school at ***** on Wednesday 6th November and will return at approximately ***** on Friday 8th November.
- All children will need to bring a packed lunch with them for the Wednesday lunchtime. All other meals will be catered for.
- The children can bring some snacks with them for their room.
- Travel sickness- if your child suffers with travel sickness, please can you let me know. If your child takes travel sickness tablets, please give them before they leave school and then place the tablets for the return journey home in a food bag with a completed medication form. The children will need to hand these to me before leaving school.
- If your child needs an inhaler, they will need to carry it with them at all times.
- If your child needs any medication whilst we are away, please ensure you sign and send one of the medication forms. Please inform staff of any needs you think we should know.
- Money-the children can bring a small amount of money with them to purchase any gifts that they may want from some of our visits. They will be in charge of looking after this money.